<u>PLEASE NOTE:</u> Each term your child's enrolment will automatically be carried over to the following term. If you do not wish to continue with your child's enrolment you must notify the front office before the end of the current term to ensure you do not receive a cancellation fee.





Senior Recreational Programme

The Senior Recreational Programme is for children aged 10 to 16 years. This programme offers a faster progression through more challenging skills such as handstands, cartwheels, round offs, handspring drills, walk over drills etc. These classes promote and develop flexibility, strength, coordination and stamina. Children will be involved in short games as well as having full use of all apparatus including beams, vault, bars, rope, tramp, mini tramp and a fully sprung floor. These classes are designed for those children who like to keep fit and healthy whilst having FUN! At the end of the Term children will be assessed in a short test to evaluate how well they are doing in gymnastics.

2020 SCGA Recreational Operating Terms

Term 1 – 8 Week Term	Term 2 – 3 Week Term	Term 3 – 10 Week Term	Term 4 – 10 Week Term
Tue 28th Jan –Thu 23rd Mar	Mon 15th Jun-Sat 4th Jul	Mon 20th Jul – Sat 26th Sep	Mon 12th Oct – Sat 19th Dec

Weekly Class Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
5:30 pm – 7:00 pm	X	5:30 pm – 7:00 pm	X	5:30 pm – 7:00 pm

(SCGA Recreational Programs do not run during the school holidays or on public holidays)

Term Enrolments are now open to all members

Term Fees and Charges:

Registration fee - \$55 per semester (Jan to Jun or Jul to Dec) OR \$75 per year (Jan to Dec)

1st Class FREE TRIAL

1 x 1.5 hour class Fee - \$235 for a 10 week term (discounts apply for 2^{nd} , 3^{rd} and 4^{th} child) 2 x 1.5 hour classes Fee - \$400 for a 10 week term (discounts apply for 2^{nd} , 3^{rd} and 4^{th} child) \$25 Casual class

Progression:

As your child's coordination, confidence, self-esteem and social-emotional development grow, they will be ready for the next exciting program "Tramp and Tumble" OR "Adult Gymnastics."

Bookings:

Bookings are essential for all programs, please contact the front desk on 42275722 to confirm your booking or for further information regarding our Recreational Programs





